

## Covid-19 Vaccine Residual Analysis (C19VRA)

## This kit includes:

- 1 Return envelope
- 1 Piece of filter paper (for the blood drop)
- 1 Small Coin envelope
- 2 Lancets (1 extra in case)

**Do not** wash your hands before this or apply any lotion, alcohol, etc., if you do, wait 5-10 min before obtaining a blood spot sample.

**Do not** write on the white paper.

Write your given name, first and last name (married name if married) and birthdate on the outside of the small envelope. If you have had a blood transfusion in the last 5 years, write the approximate date of the last transfusion. Also include phone number and email.

You will stick either a fingertip or have someone stick your earlobe (many people say that the earlobe is less painful). For very young children (under the age of 3), it is least painful and easiest to stick their heel.

Remove the blue stick, you will need to twist it 90 degrees and then pull it out. It is spring activated and will activate upon pressing down on the broad blue top. Once you press the button, it cannot be depressed again! There is a small area for your fingers to hold and then depress with your thumb. The needle is set to a specific depth and then will retract back in.

Apply/smear 1-2 drops of blood near one end of the paper.

Allow to dry for 10-15 minutes. Place into the small coin envelope, then put into the preaddressed envelope and mail it back.

Results take 3-5 business days once we receive your sample.